

Table 105-0023 [1,2,3,4,8,9](#)

Feeling of mastery, by age group and sex, household population aged 12 and over, selected provinces, territories and health regions (January 2000 boundaries), every 2 years

Survey or program details:

Canadian Community Health Survey - [3226](#)

Geography [4,8,9](#) = Yukon Territory [60]

Age group	Sex	Feeling of mastery 2,3,4	Characteristics 5,6,7,17	2000/2001
Total, 12 years and over	Both sexes	Total, feeling of mastery	Number of persons	24,937
			Percent	100.0
		Low feeling of mastery	Number of persons	3,051
			Percent	12.2
		Moderate feeling of mastery	Number of persons	12,265
			Percent	49.2
		High feeling of mastery	Number of persons	6,710
			Percent	26.9
		Feeling of mastery, not stated	Number of persons	2,912
			Percent	11.7
	Males	Total, feeling of mastery	Number of persons	12,672
			Percent	100.0
		Low feeling of mastery	Number of persons	1,452 ^E
			Percent	11.5 ^E
		Moderate feeling of mastery	Number of persons	5,883
			Percent	46.4
		High feeling of mastery	Number of persons	3,344
			Percent	26.4
		Feeling of mastery, not stated	Number of persons	1,992
			Percent	15.7
	Females	Total, feeling of mastery	Number of persons	12,266
			Percent	100.0
		Low feeling of mastery	Number of persons	1,599
			Percent	13.0
		Moderate feeling of mastery	Number of persons	6,381
			Percent	52.0
		High feeling of mastery	Number of persons	3,365
			Percent	27.4
		Feeling of mastery, not stated	Number of persons	920 ^E
			Percent	7.5 ^E
	Both sexes	Total, feeling of mastery	Number of persons	3,726
			Percent	100.0
		Low feeling of mastery	Number of persons	556 ^E
			Percent	14.9 ^E
		Moderate feeling of mastery	Number of persons	1,561
			Percent	41.9

12 to 19 years		High feeling of mastery	Number of persons	793 ^E
			Percent	21.3 ^E
		Feeling of mastery, not stated	Number of persons	815 ^E
			Percent	21.9 ^E
	Males	Total, feeling of mastery	Number of persons	1,939
			Percent	100.0
		Low feeling of mastery	Number of persons	F
			Percent	F
		Moderate feeling of mastery	Number of persons	765 ^E
			Percent	39.4 ^E
		High feeling of mastery	Number of persons	F
			Percent	F
		Feeling of mastery, not stated	Number of persons	613 ^E
			Percent	31.6 ^E
	Females	Total, feeling of mastery	Number of persons	1,787
			Percent	100.0
		Low feeling of mastery	Number of persons	F
			Percent	F
		Moderate feeling of mastery	Number of persons	796 ^E
			Percent	44.6 ^E
		High feeling of mastery	Number of persons	513 ^E
			Percent	28.7 ^E
		Feeling of mastery, not stated	Number of persons	F
			Percent	F
20 to 34 years	Both sexes	Total, feeling of mastery	Number of persons	5,897
			Percent	100.0
		Low feeling of mastery	Number of persons	557 ^E
			Percent	9.4 ^E
		Moderate feeling of mastery	Number of persons	3,129
			Percent	53.1
		High feeling of mastery	Number of persons	1,752
			Percent	29.7
		Feeling of mastery, not stated	Number of persons	459 ^E
			Percent	7.8 ^E
	Males	Total, feeling of mastery	Number of persons	2,917
			Percent	100.0
		Low feeling of mastery	Number of persons	F
			Percent	F
		Moderate feeling of mastery	Number of persons	1,424
			Percent	48.8
		High feeling of mastery	Number of persons	863 ^E
			Percent	29.6 ^E
		Feeling of mastery, not stated	Number of persons	F
			Percent	F
		Total, feeling of mastery	Number of persons	2,980
			Percent	100.0
		Low feeling of mastery	Number of persons	277 ^E
			Percent	9.3 ^E

	Females	Moderate feeling of mastery	Number of persons	1,705
			Percent	57.2
		High feeling of mastery	Number of persons	889
			Percent	29.8
		Feeling of mastery, not stated	Number of persons	F
			Percent	F
35 to 44 years	Both sexes	Total, feeling of mastery	Number of persons	6,112
			Percent	100.0
		Low feeling of mastery	Number of persons	719 ^E
			Percent	11.8 ^E
		Moderate feeling of mastery	Number of persons	3,077
			Percent	50.3
		High feeling of mastery	Number of persons	1,816
			Percent	29.7
		Feeling of mastery, not stated	Number of persons	500 ^E
			Percent	8.2 ^E
	Males	Total, feeling of mastery	Number of persons	2,995
			Percent	100.0
		Low feeling of mastery	Number of persons	F
			Percent	F
		Moderate feeling of mastery	Number of persons	1,383
			Percent	46.2
		High feeling of mastery	Number of persons	903 ^E
			Percent	30.2 ^E
		Feeling of mastery, not stated	Number of persons	F
			Percent	F
	Females	Total, feeling of mastery	Number of persons	3,117
			Percent	100.0
		Low feeling of mastery	Number of persons	320 ^E
			Percent	10.3 ^E
		Moderate feeling of mastery	Number of persons	1,693
			Percent	54.3
		High feeling of mastery	Number of persons	913 ^E
			Percent	29.3 ^E
		Feeling of mastery, not stated	Number of persons	F
			Percent	F
	Both sexes	Total, feeling of mastery	Number of persons	7,603
			Percent	100.0
		Low feeling of mastery	Number of persons	896 ^E
			Percent	11.8 ^E
		Moderate feeling of mastery	Number of persons	3,732
			Percent	49.1
		High feeling of mastery	Number of persons	2,117
			Percent	27.8
		Feeling of mastery, not stated	Number of persons	857 ^E
			Percent	11.3 ^E
		Total, feeling of mastery	Number of persons	4,031
			Percent	100.0

45 to 64 years	Males	Low feeling of mastery	Number of persons	383 ^E
			Percent	9.5 ^E
		Moderate feeling of mastery	Number of persons	1,825
			Percent	45.3
		High feeling of mastery	Number of persons	1,289
			Percent	32.0
	Females	Feeling of mastery, not stated	Number of persons	534 ^E
			Percent	13.2 ^E
		Total, feeling of mastery	Number of persons	3,572
			Percent	100.0
		Low feeling of mastery	Number of persons	513 ^E
			Percent	14.4 ^E
		Moderate feeling of mastery	Number of persons	1,908
			Percent	53.4
		High feeling of mastery	Number of persons	828 ^E
			Percent	23.2 ^E
		Feeling of mastery, not stated	Number of persons	324 ^E
			Percent	9.1 ^E
65 years and over	Both sexes	Total, feeling of mastery	Number of persons	1,600
			Percent	100.0
		Low feeling of mastery	Number of persons	F
			Percent	F
		Moderate feeling of mastery	Number of persons	765
			Percent	47.9
		High feeling of mastery	Number of persons	231 ^E
			Percent	14.4 ^E
		Feeling of mastery, not stated	Number of persons	F
			Percent	F
	Males	Total, feeling of mastery	Number of persons	789
			Percent	100.0
		Low feeling of mastery	Number of persons	F
			Percent	F
		Moderate feeling of mastery	Number of persons	487
			Percent	61.7
		High feeling of mastery	Number of persons	F
			Percent	F
		Feeling of mastery, not stated	Number of persons	F
			Percent	F
	Females	Total, feeling of mastery	Number of persons	811
			Percent	100.0
		Low feeling of mastery	Number of persons	F
			Percent	F
		Moderate feeling of mastery	Number of persons	279 ^E
			Percent	34.4 ^E
		High feeling of mastery	Number of persons	F
			Percent	F
		Feeling of mastery, not stated	Number of persons	F
			Percent	F

Symbol legend:

- E Use with caution
- F Too unreliable to be published

Footnotes:

1. Source: Statistics Canada, Canadian Community Health Survey, 2000/2001
2. Population aged 12 and over who reported on the level of mastery they have in their lives.
3. Mastery is the feeling of control one has over their life, actions and decisions. Mastery is evaluated based on how strongly the respondent agrees with the following seven statements: (1) You have little control over the things that happen to you. (2) There is really no way you can solve some of the problems you have. (3) There is little you can do to change many of the important things in your life. (4) You often feel helpless in dealing with problems of life. (5) Sometimes you feel that you are being pushed around in life. (6) What happens to you in the future mostly depends on you. (7) You can do just about anything you really set your mind to.
4. Provincial estimates were given only for those provinces in which survey respondents in all health regions answered the "Mastery" module.
5. Bootstrapping techniques were used to produce the coefficient of variation (CV) and 95% confidence intervals (CIs).
6. Data with a coefficient of variation (CV) from 16.6% to 33.3% are identified by an (E) and should be interpreted with caution.
7. Data with a coefficient of variation (CV) greater than 33.3% were suppressed (F) due to extreme sampling variability.
8. Health regions are defined by provincial governments as the areas of responsibility for regional health boards (legislated) or as regions of interest to health care authorities.
9. A "peer group" is a grouping of health regions that have similar social and economic characteristics.
17. The following standard symbols are used in this Statistics Canada table: (..) for figures not available for a specific reference period and (...) for figures not applicable.

Source: Statistics Canada. *Table 105-0023 - Feeling of mastery, by age group and sex, household population aged 12 and over, selected provinces, territories and health regions (January 2000 boundaries), every 2 years, CANSIM (database).*

<http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?>

[Lang=E&CANSIMFile=CII\CII_1_E.htm&RootDir=CII/](http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?Lang=E&CANSIMFile=CII\CII_1_E.htm&RootDir=CII/)

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